

Integrating Endophytic Fungi and Nanoscience : Emerging Strategies for Crop Stress Management

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ABSTRACT

Biosynthesis of nanoparticles (NPs) has recently been recognised as an effective tool, contrary to chemically derived NPs, for controlling plant abiotic and biotic stress, and crop improvement. In this regard, endophytic fungi have tremendous scope and importance for producing biogenic NPs of various sizes, shapes, and characteristics. Due enhanced bioavailability, biological activity, and higher metal tolerance of endophytic fungi make them highly efficient. NPs derived from endophytic fungi show remarkable antimicrobial properties and growth-pro-

moting activities, while also strengthening systemic resistance in crop plants to enhance their defence against pathogens. Endophytic fungal-derived nano-fertilizers and nano-pesticides offer a promising and sustainable alternative to traditional agrochemicals in crop stress management. The present review focuses on the synthesis of NPs from endophytic fungi and their potential role in crop stress management, influencing crop growth and productivity.

Keywords Endophytes, Nano-fertilizers, Antimicrobial, Nano-pesticides, Metallic nanoparticles.

INTRODUCTION

The term “nanotechnology” was coined by Taniguchi in 1974 to explain the synthesis and use of nano-size particles for the first time (Khan and Rizvi 2014). Nanotechnology represents a significant development in the contemporary science of manipulating matter at the nano scale (1 to 100 nm), and this has revolutionized various sectors with its applications in agriculture, medicine, engineering, chemistry, physics and environmental science (Singh *et al.* 2024). However, one of the latest advancements in the utilization of nanotechnology is in the agricultural and food sectors (Fadiji *et al.* 2022). The synthesis of NPs by conventional methods like physical and chemical, which can be hazardous to the environment, like killing off advantageous microbes, lowering their numbers and activity and polluting and degrading the soil (Ottoni *et al.* 2020), is being superseded by biological processes (Uzair *et al.* 2020). Numerous

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biological sources, such as algae, plants, bacteria and fungi are used to build NPs (Singh *et al.* 2024, Shah *et al.* 2025). Endophytic fungi are microorganisms that inhabit inside the healthy plant tissues in a mutualistic relationship without causing any infectious characteristics and are found in all plants (Bhunjun *et al.* 2024, Kharwar 2024). Numerous investigations have examined the importance of endophytic fungi and their contribution to human health (Qin *et al.* 2023). Modern advancements have made it feasible to use endophytic fungi for the building of NPs, facilitating a justifiable choice over chemically synthesized nanoparticle (Hassan *et al.* 2024). The capacity of endophytic fungal NPs to enhance plant resilience to various stressors underscores their potential as a sustainable substitute for conventional agrochemicals (Yadav and Anand 2025). A huge number of enzymes and secondary metabolites are released by endophytic fungi, crucial for the balancing and synthesis of NPs (Govindappa *et al.* 2020, Kharwar 2024). This review paper examines the applications of NPs derived from endophytic fungi in the management of crops and their potential environmental hazards.

Recent trends in nanoparticles synthesis

According to Mostafazade synthesizing metal NPs

can be approached in three broad ways: Physical, chemical, and biological methods (Mostafazade *et al.* 2024). The creation of metal NPs through physical means is a top-down style of fabrication, while the use of chemicals and biology are categorized under bottom-up approaches (Wu *et al.* 2019, Messaoudi and Bendahou 2020). Physical processes, such as the use of radiation, pressure, and elevated temperature, can inflict extreme harm to living organisms (Kumari *et al.* 2023). However, chemical processes use harmful chemical substances, require high energy and produce harmful waste that cause a significant environmental risk when exploited in environmental applications (Mazari *et al.* 2021). Besides them, biological methods hold the most promise for producing NPs, which leads to the production of non-toxic and environmentally friendly NPs (Uzair *et al.* 2020). The various methods of physical, chemical and biological approaches are shown in Fig. 1.

Microorganisms and nanoparticles

The production of non-toxic, pure and environmentally friendly methods for NPs production will be the result of using the natural production systems using organisms such as plants, algae, fungi and bacteria (Nayantara and Kaur 2018). It is well known that

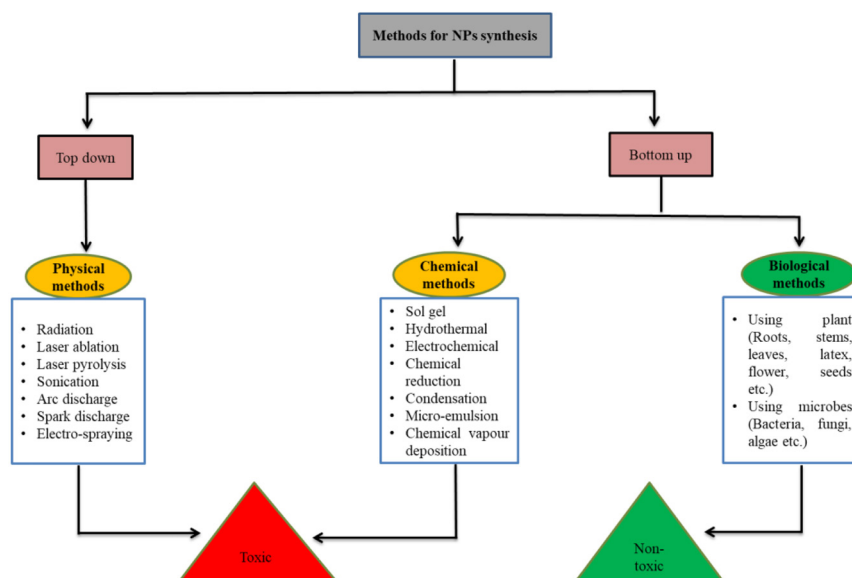


Fig. 1. Different approaches for NPs synthesis.

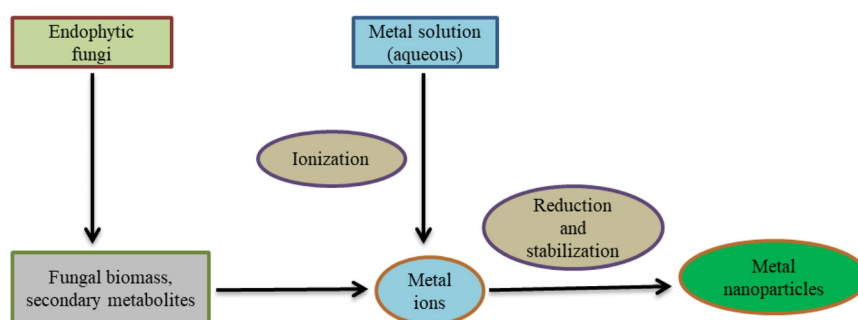


Fig. 2. Summary of synthesis of NPs using endophytic fungi.

plants serve as a reservoir for significant microorganisms that have received greater attention due to their capacity to produce enzymes and secondary metabolites (Adeleke and Babalola 2021). Many researchers have explored the use of bacteria, actinobacteria, fungi, yeast, microalgae, and viruses for synthesizing desired NPs (Salem and Fouda 2021).

Endophytic fungi as a potential NPs source

When compared to using bacteria, plants, and other organisms, the synthesis of endophytic fungal NPs offers several significant interests (Khandel and Shahi

2018). Their rapid growth makes scaling up easy (Mishra *et al.* 2017), they can withstand changes in growth factors like temperature, pH, and salinity in the culture conditions to synthesise uniform NPs, and they are feasibly isolated from plants (Kharkwal *et al.* 2024). Endophytic fungi exhibit the most favorable biological tools for NPs biosynthesis when compared to other microorganisms (Gezaf *et al.* 2022). They also produce a variety of enzymes and metabolites that contribute to the formation of NPs (Kumar *et al.* 2021, Nassar *et al.* 2023). The enzymes and secondary metabolites that fungi secrete aid in balancing the produced NPs and regulating their size and shape

Table 1. List of endophytic fungi, derived NPs and their major role.

Sl. No.	Endophytic fungi	NPs	Major role	References
1	<i>Aspergillus niger</i>	Silver NPs	Enhances stress resistance and antioxidant activity	Goutam <i>et al.</i> (2021)
2	<i>Trichoderma harzianum</i>	Silica NPs	Enhances salt and drought tolerance	Singh <i>et al.</i> (2021)
3	<i>Aspergillus niger</i>	Iron oxide NPs	Increases water retention and nutrient uptake	Rai <i>et al.</i> (2022)
4	<i>Alternaria alternata</i>	Silicon NPs	Alleviate salinity stress and increases water retention	Alharbi <i>et al.</i> (2022)
5	<i>Penicillium chrysogenum</i>	Gold NPs	Increases nutrient uptake, alleviate salinity stress and antibacterial activity	Yadav <i>et al.</i> (2023)
6	<i>Xylaria arbuscula</i>	Zinc oxide NPs	Shows antibacterial, antifungal and antioxidant activity	Nehru <i>et al.</i> (2023)
7	<i>Colletotrichum fructicola</i> KL19	Selenium NPs	Enhances plant growth into Cd contaminated soil	Wu <i>et al.</i> (2024)
8	<i>Fusarium crustosum</i> EP-1	Magnesium oxide NPs	Enhanced various growth parameters, including chlorophyll content, carotenoids level as well as proline concentration	Amin <i>et al.</i> (2024)
9	<i>Chaetomium globosum</i>	Silver NPs	Shows antifungal, antibacterial and antioxidant activities in crop protection	Sun <i>et al.</i> (2025)
10	<i>Aspergillus awamori</i>	β -glucan NPs	Enhanced plant growth and prevent wilt disease	Ramalingam and Appu (2025)

(Kharwar 2024). An overview of the biogenic synthesis of NPs from the biomass of endophytic fungi and their secondary metabolites is shown in Fig. 2.

Application of endophytic fungi-derived NPs in crop management

For reducing the use of more toxic agrochemicals, NPs obtained from fungi find applications in agriculture (Kharwar 2024). These NPs exhibit activity against biotic stresses, acting as nano-pesticides and nano-fungicides properties as well as tolerance against various abiotic stresses, including water scarcity, high temperature, heavy metals (HMs) toxicity and salinity (Table 1) (Mubeen *et al.* 2023, Kharwar 2024, Yadav and Anand 2025).

Endophytic fungal derived NPs in mitigation of abiotic stresses

The growth of plants and agricultural productivity are greatly impacted by abiotic stresses, including water scarcity, salinity, temperature extremes and HM toxicity. Recent developments in nanotechnology have revealed that fungal-derived NPs are promising alternatives for increasing plant tolerance to such stresses (Singh *et al.* 2021, Nishad *et al.* 2019). Through a variety of processes, including as the synthesis of osmoprotectants, improvement of antioxidant defence, control of stress-related gene expression, improvement of water and nutrient uptake, endophytic fungi increase the plant tolerance (Azad and Kaminskyj 2016, Yadav and Anand 2025).

Nano-fertilizers

The constantly growing human population is causing pressure to meet the constantly growing requirements for the agricultural sector (Zulfiqar *et al.* 2019). In general, chemical fertilizers used to increase the productivity of agricultural crops have a serious environmental and ecological impact (Pirzadah *et al.* 2020). Nanotechnology produces small sized NPs having unique characteristics which can provide an exceptional opportunity to produce a source of plant supplements (Yadav and Anand 2025). Nitrogen, phosphorus, potassium, magnesium, sulfur and calcium are different macronutrients whereas zinc, copper, boron, iron and manganese are different micronutrients encapsulated with NPs, reducing their

overall requirements and improving crop productivity (Zulfiqar *et al.* 2019, Hassan *et al.* 2020).

Improvement of soil health and nutrient uptake

By hastening the decomposition of the soil organic matter, fungal NPs can replenish the soil with organic compounds and humus, increasing soil fertility and ultimately crop output. Fungal NPs can chelate with nutrients, converting them into more soluble forms that plants can easily absorb through their roots (Kumar *et al.* 2023). Furthermore, endophytic fungal connections lessen the harmful impacts of excess sodium and chloride ions by ionic equilibrium in plants exposed to a saline environment (Xu *et al.* 2024).

Heavy metal stress

Crops nutritional value and related ecological factors are also impacted by the presence of HMs in the soil. Crop species, soil physico-chemical properties, and HM types, all affect the crop growth and development (Chaplygin *et al.* 2021). According to reports, the endophytic fungus *Fusarium oxysporum*-derived selenium nanoparticles (SeNPs) aid in the detoxification of HMs and support plant growth in stressful environments (Meera *et al.* 2025). By breaking down pollutants, fungal NPs can help restore contaminated soil from HMs and other dangerous contaminants (Dhanapal *et al.* 2024).

Drought tolerance

One of the main abiotic stressors that lowers crop productivity and growth is tolerance to drought. By increasing the production of secondary metabolites, using NPs from endophytic fungi is an encouraging synergistic strategy to increase crop resilience against drought (Shelke *et al.* 2023). It is reported that Silica nanoparticles (SiO₂NPs) can improve plant biomass, leaf area index, and chlorophyll content, thereby mitigating the effects of drought stress (Mahmoud *et al.* 2023).

Endophytic fungal derived NPs in mitigation of biotic stresses

Crop yields, nutritional value and food security are

greatly impacted by biotic stresses (bacteria, fungi, pests). Conventional approaches to biotic stress management, such as the use of chemical fungicides, bactericides and pesticides, have resulted in soil degradation, contamination of the environment and organism resistance (Yadav *et al.* 2023). Instead, developing fields of nanotechnology offers an eco-friendly, sustainable alternative by using endophytic fungi to NPs formation for reducing plant biotic stresses through antibacterial, antifungal and pesticidal activity (Mubeen *et al.* 2023, Yadav and Anand 2025).

Nano-pesticides and nano-fungicides

Effective management of pests and diseases greatly affects agricultural production by increasing the amount of agricultural productivity (Ghormade *et al.* 2011). Silver nanoparticles (AgNPs) and Iron nanoparticles (FeNPs) proved the potential to control arthropod pests, such as spider mites, maize earworms and aphids, as well as controlling insect pests and diseases management (Malik *et al.* 2024). Furthermore, tomato and cucumber wilt disease caused by *Fusarium* species is effectively controlled by utilizing Copper nanoparticles (CuNPs) (Al-Qaissi *et al.* 2024, Li and Liu 2024). Nano-fungicides, nano-pesticides, and nano-herbicides are significantly used in agriculture for effective control and management of pests and diseases, minimizing dependence on chemical pesticides and fungicides (Mubeen *et al.* 2023).

Induction of systemic resistance

Plants have complex defence mechanisms against stresses, like systemic acquired resistance (SAR) and enhanced systemic resistance (ISR), which coordinate long-term immunity throughout the plant to combat future pathogenic attacks (Kharwar 2024). Endophytic fungal-derived NPs have emerged as a novel approach to enhancing these defence mechanisms by improving the production of reactive oxygen species (ROS) and boosting antioxidant properties, which have been the subject of several studies (Yadav *et al.* 2023, Yadav and Anand 2025).

Challenges and future perspectives

The fungal-based NPs' future is bright, as they may

be used in various industries, involving health and agriculture. The functions of NPs were investigated in this review to indicate their various potential uses in the sector of agriculture. In agriculture, these NPs can boost plant biotic and abiotic stresses, enhance soil health and productivity of crops. These detections improve the prospects that endophytic fungi could supersede pesticides and synthetic fertilizers in an eco-friendly approach. In addition, their potential utilization in soil and water recovery could help reduce pollution and HMs impurities. By applying genetic engineering, leading to the progression of fungal strains with different characteristics and activities, the expansion of fungal-based NPs innovation bears the potential to disclose new directions for fungal genomics exploration and synthetic biology. Moreover, integrating fungal-based NPs with other nanomaterials and innovations can generate hybrid systems that have mutual qualities, increasing their use in different fields. Regardless of their potential, various drawbacks have also been revealed by researchers. The main limits with fungal-mediated NPs synthesis are uniformity and standardisation, as differences in fungal strains and synthesis methods can influence the quality and reliability of NPs. Commercialisation may be hampered by public perception and legal interference, so standards for their use must be established. A more thorough investigation is required to prove their safety, a detailed evaluation of their effects on the environment and long-term effects on ecosystem stability, soil microbes, dependability, biocompatibility, and ecological impact and plant health, to confirm their effectiveness in the real world. Currently, researchers are using genetic engineering and optimisation of several criteria to address these issues. To reach their full potential, interdisciplinary collaborations between researchers—such as environmental scientists, mycologists, and nanotechnologists—will also be essential to advance fungal-based NPs to the forefront of nanotechnology and spur important scientific and industrial breakthroughs by increasing their efficacy and adaptability.

CONCLUSION

NPs offer eco-friendly, cost-effective, and non-toxic substitutes for other traditional methods. NPs made from endophytic fungi have been utilized more and

more in recent studies due to their potential and environmental friendliness in crop management. It has been demonstrated that NPs made from endophytic fungi increase crop yield, nutritional value, and plant defence against biotic and abiotic stresses. Future research should attentive on acquiring a deeper knowledge of how different NPs cooperate with plants and plant pathogens to reduce biotic and abiotic stresses. Future research should also be centred on improving large-scale production and evaluating its environmental protection for commercial application.

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